

EPA DIGITAL PSYCHIATRY SECTION REPORT 2022

SECTION COMMITTEE MEMBERS:

Chairperson: Prof. Dr. Umberto VOLPE

Co-chairperson: Dr. Defne ERASLAN

Secretary: Dr. Laura ORSOLINI

Councillor: Dr. Thomas GARGOT

Councillor: Alexinschi OVIDIU EUGEN

Councillor: Samuela KRASTEVA

LIST OF SECTION MEMBERS:

Sladjana ONRUST;	Ozge KILIC;	Raluca STICLOSU;	BHANDARI;
Thomas PATTYN;	Defne ERASLAN;	Antonio	Ceylan ERGUL;
Maurizio POMPILI;	Hans Jürgen GRABE;	METASTASIO;	Ramyadarshni
Mariana PINTO DA	Cécile HANON;	Michel NAWFAL;	VADIVEL;
COSTA;	Josep Maria HARO;	Elena Daniela	Fabian KRAXNER;
Davor MUCIC;	Haque MD.	BUHAŞ RAMOCEA;	Damla YILDIRIM;
Jan WISE;	RASHIDUL;	Iulia Mira MILEA	József
Rashid ZAMAN;	Diego PALAO VIDAL;	CARMACIU;	SZEDERKÉNYI;
Zvi ZEMISHLANY;	Marisa CASANOVA	Miguel Angel	Sarfaraz Aslam
Umberto VOLPE;	DIAS;	ALVAREZ DE MON;	SHORA;
Herbert	Mihai BRAN;	Laura ORSOLINI;	Galyna OSADCHA;
SCHWAGER;	Maria LADEA;	Myrna BOBET;	Anzhela BAZZAEVA;
Homayon	Marina ANTONIOU;	Asilay ŞEKER;	Samuela KRASTEVA;
CHAUDHRY;	Gamze ERZIN;	Hussam KABAKBJI;	Alexinschi OVIDIU
Iris Tatjana GRAEF-	Audrey FONTAINE;	Shahzain HASAN;	EUGEN;
CALLIESS;	Anna PLAZA	Shoib SHEIKH;	Sumeet SINGH;
Arie DE WERK;	ESTRADE;	Saïd BOUJRAF;	Lindsay DEWA;
Marc BLOM;	Thomas GARGOT;	Deniz CEYLAN;	Petar VIDOVIĆ;
Julian Neil	Nikola ŽAJA;	Kezban Burcu	Valentina BASILE;
BEEZHOLD;	Victor PEREIRA-	AVANOGLU;	Şengül ŞAHIN;
Marc H.m.	SANCHEZ;	Nikolaos	Herta AGAJ;
HERMANS;	Mohamed	NIKOLAOU;	Thinzar PHYO;
Krzysztof KRZYSTA;	BENOUIOUA;	Olena KUDINOVA;	Sachin
Volodymyr	Yasser KHAZAL;	Vissam MAHASNEH;	Nagendrappa;
KOROSTIY;	Egor CHUMAKOV;	Samrat Singh	

LAST SECTION COMMITTEE ELECTIONS HELD:

Date: 02/06/2022

Venue: In 2022, Section Board Elections have been virtually performed on June 1-2, 2022 by email. The

Section Board was confirmed also in the period 2022/2024 (UV as Section Chair, DE as Co-Chair, LO as Secretary, TG as Councilor for research in Digital Psychiatry). OEA was appointed as Councilor for networking in Digital Psychiatry and SK as Councilor for surveys in Digital Psychiatry.

ACTIVITIES OF THE SECTION IN 2022:

Meetings/events

Section Business Meeting

Description:

- As in-person Section business meeting was not allowed due to the COVID-19 situation in 2022, a virtual Section Business meeting was organized on June 8, 2022. Within the online meeting the results of the online 2022 DP Section Board Elections were illustrated, along with highlighting the main section initiatives related to DP during the 2022 Virtual EPA Congress. Also, a call for proposals for symposia and courses for the upcoming 2023 EPA Congress in Paris was also launched, encouraging the section members to put forward further ideas and proposals. Minutes of the virtual Section business meeting have been disseminated by email to all members on July 21, 2022. The main points are summarized here:

- In 2022, Section Board Elections have been virtually performed on June 1-2, 2022 by email. The Section Board was confirmed also in the period 2022/2024 (UV as Section Chair, DE as Co-Chair, LO as Secretary, TG as Councilor for research in Digital Psychiatry). OEA was appointed as Councilor for networking in Digital Psychiatry and SK as Councilor for surveys in Digital Psychiatry.
- 2021 EPA DP Annual Report was approved unanimously by all EPA DP Section members.
- Section Chair (UV) informed about the proceedings of the project about the "Video toolkit" on Telepsychiatry, in collaboration with EPA Committee on Education.
- Section Chair (UV) also informed all attendees about his involvement in the task force on the digitalization of the World Psychiatric Association (WPA) and in the Presidential Task Force on digitalization of EPA, to the aim for the section to actively contribute to define a roadmap for digitalization across all European countries.
- Section Chair (UV) reported on the Early Career Psychiatrists (ECPs) Committee activity, proposed by their Task Force on Communication and Publication, concerning an "online expert talk" (with UV as speaker, EC and LO as chairs of the session) about Telepsychiatry and Digital Psychiatry. The initiative was held online on last May and widely disseminated through the EPA website and through the ECPC and many ECPs joined the virtual platform. Moreover, several joint symposia and workshops together with ECPC have been organized during the 2022 EPA Congress.
- Section Chair (UV) reminded attendees about requirements and deadlines for submission at the 2023 European Congress of Psychiatry and encouraged all Section members to propose educational and/or scientific initiatives.
- The secretary of the Section (LO) updated attendees with the latest figure of Section membership (reporting a further increase from 35 members in 2020 to 57 active members in 2021 to current 73 members, up to date). The Section Chair (UV) warmly welcomed new incoming members who attended their first business meeting and invited new officers (OEA and SK) to introduce themselves to all attendees. OEA works at the first telepsychiatry clinic in Romania, being involved in both telepsychiatry and digital psychiatry initiatives in Romania. SK obtained a PhD in Digital Psychiatry and is currently involved in the implementation of several activities concerning computational psychiatry in Bulgaria.

Location: Virtual

Start date: 08/06/2022

End date: 08/06/2022 Attendance: 9

30th European Congress of Psychiatry

Description:

A State of the Art entitled “Digital Mental Health: Towards Personalised Care in Psychiatry”, was chaired by Section Chair (UV).

Location: Virtual, Budapest, Hungary

Start date: 04/07/2022

End date: 07/07/2022

30th European Congress of Psychiatry

Description:

A Section CME Course entitled “Global Telepsychiatric Services: from Digital and Cultural Competencies to Best Practices”, was organized by Section on Digital Psychiatry and co-directed by Section Chair (UV) together with Donald M. Hilty (as director).

Location: Virtual, Budapest, Hungary

Start date: 04/07/2022

End date: 07/07/2022

30th European Congress of Psychiatry

Description:

Section Chair (UV) organized a Section Symposium entitled “E-Mental Health for Anxiety Disorders” chaired by CH and Section Chair (UV).

Location: Virtual, Budapest, Hungary

Start date: 04/07/2022

End date: 07/07/2022

30th European Congress of Psychiatry

Description:

A Section Workshop entitled “Hot Topics of Delivering Care: An update from EPA Scientific Sections” with a talk by Section Chair (UV) entitled “New way of Providing Care: the Role of Telemental Health” was organized by Section on Digital Psychiatry.

Location: Virtual, Budapest, Hungary

Start date: 04/07/2022

End date: 07/07/2022

30th European Congress of Psychiatry

Description:

A Section Workshop entitled "Controversial Issues, Potential Risks and Solutions in Telepsychiatry" co-chaired by Section Chair (UV) and Section member (JW), was organized by Section on Digital Psychiatry.

Location: Virtual, Budapest, Hungary

Start date: 04/07/2022

End date: 07/07/2022

Other Section activities

Future Activities

- The section will stimulate education and debate on the use of digital health technology in mental health within the next Virtual European Congress of Psychiatry.
- In collaboration with the EPA Committee on Education (Chair: C. Hanon), EPA Section on Digital Psychiatry organized a European training online activity on Telepsychiatry, in the format of a video toolkit.
- Section officers aim to pursue the goals and the mission of the Section on Digital Psychiatry, by developing programs and solutions in mental health, with a particular focus on the implementation of digital health interventions, the definition of e-mental health policies, the study of smartphone-based, virtual reality/augmented reality, digital therapeutic interventions for mental health care.
- A specific aim of the Section is encouraging a more active involvement of ECPs within the Section activities and organizing more joint educational activities with the EPA ECPC.

Event Start date: 31/01/2022

Event End date: 31/01/2024

FUNDING IN 2022

Income: None

Source(s) of funding:

No funding received

Expenditure: None

Balance: None

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: No